

**Deborah Drumm APN, BC**

Advanced Behavioral Counseling of Northern NJ, LLC  
55 Newton-Sparta Road, Suite 104, Newton, NJ 07860  
Phone: 973-579-9394 Fax: 973-579-9392

Dear New Patient,

Thank you for your interest in becoming a client at my practice. My services are focused on medication management and the following information can assist you in deciding to become a patient. I am pleased to have excellent and competent therapists working in conjunction with me in the same office so you can be assured your treatment will be comprehensive and professional. Once your medication treatment is stable, visits with me may only be required every 3 to 6 months. Our therapist Anne Nedelka LPC is in network with Cigna and Aetna, and can be contacted at 973-600-9032. Ms. Beth Schulaka LCSW, can be contacted at 201-841-2206.

Please be advised that I am only “in-network” with Medicare, but will bill your insurance company and accept “out of network benefits” providing you have them. Therefore, your first visit (a one hour evaluation) at the rate of \$275, must be paid at the time of your visit. We accept cash, check and credit card. For future visits, we will work with your insurance company to minimize your out of pocket expenses. I have created an essential questionnaire to help you speak with your insurance company regarding any “out-of-network” benefits you may or may not have. The “**Getting The Most From Your Insurance Company**” form is available on my website: [www.deborahdrummapn.com](http://www.deborahdrummapn.com).

Due to the changing rules and regulations of the insurance industry it is YOUR responsibility to be aware of your own insurance plan prior to your visit. We recommend you call them first. Some insurance companies will approve a “SINGLE CASE AGREEMENT” and approve you seeing a NURSE PRACTITIONER, but you must ask them.

**WHAT YOU NEED TO SEND/FAX TO MY OFFICE:** 973-579-9392

- Copy of your driver’s license (with current home address)
- Copy of your insurance card (front and back) and the name & date of birth of the primary subscriber
- Phone number and email where you can be reached and whether you prefer appts. at night or day. \*If you would like appointment confirmation texted to your cell, please give us your cell number and tell us to text confirmations.
- Complete a “**Consent for Release of Information**” form so I can speak with your current therapists, health care providers or family members (downloaded from website).
- Copy of recent laboratory results and a pharmacy generated list of your medications for the past 6 months

Please do NOT call the office for medication refills. Call your pharmacy and they will contact our office since refills are now done electronically. If I have not seen you in over six months, or if you wish to make changes to your medication, you must come in for a patient appointment **FIRST** before any refills or changes will be made. If I have not seen you in over one year, your chart will have been closed, and you will need to come in as a new patient before any requests can be processed.

In case of a psychiatric emergency, please call Newton Medical Center, Psychiatric Emergency Service at 973-383-0973. I look forward to helping you to empower yourself in restoring your health, maximizing your potential and improving your overall well-being.

Sincerely, Deborah Drumm APN, BC  
Psychiatric-Mental Health and Gerontological Nurse Practitioner

Certified Practitioner in Clinical Aromatherapy